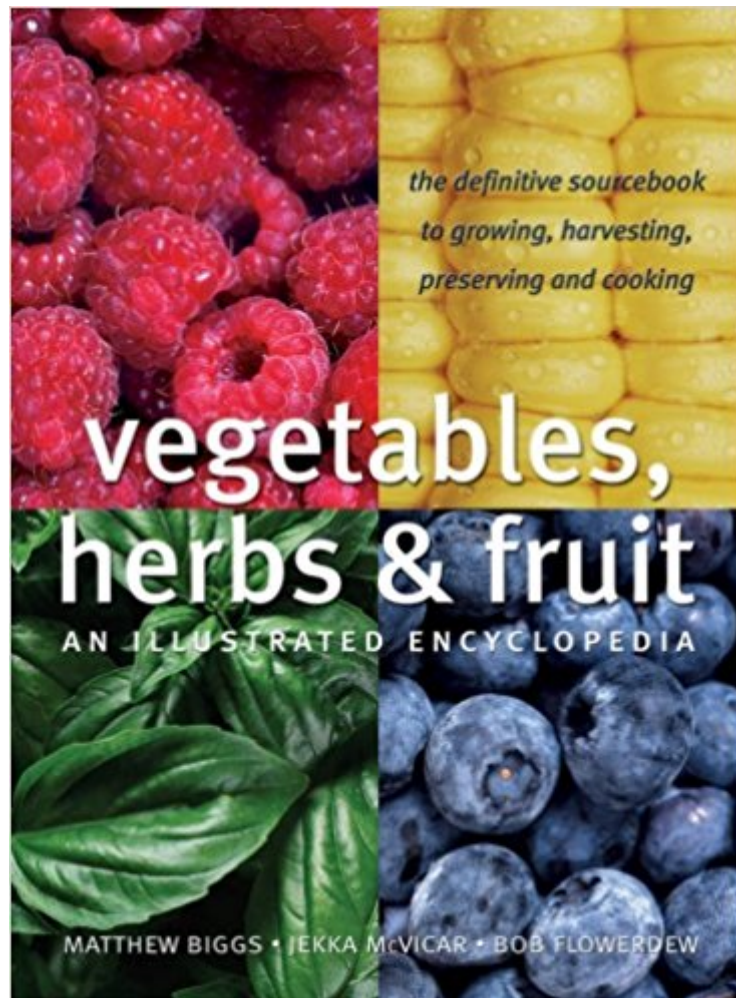




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# Vegetables, Herbs And Fruit: An Illustrated Encyclopedia



## Synopsis

The demand for locally sourced organic foods continues to rise. This resource is a prime reference for the many who are growing or wanting to grow their own vegetables, herbs and fruits. The book features superb full-color photographs and illustrations and an easy-to-use A-Z directory.

Comprehensive growing, harvesting and preserving tips and a wealth of recipes are a boon to gardeners and cooks alike. Practical aspects of gardening are explained in detail, with in-depth sections on creating a garden, pollination, soil fertility and greenhouse growing. Some of the topics covered are: Nutritional values The most useful and most recommended varieties Plant hardiness, propagation and growing guidelines Cropping, harvesting and storing Weed, pest and disease control Ornamental and wildlife value Pruning and training Companion planting Container growing. A yearly maintenance calendar, glossary, further reading section, seed sources list and detailed index round out this outstanding book.

## Book Information

Hardcover: 640 pages

Publisher: Firefly Books (January 1, 2009)

Language: English

ISBN-10: 1554071267

ISBN-13: 978-1554071265

Product Dimensions: 8 x 1.6 x 10.5 inches

Shipping Weight: 4.8 pounds

Average Customer Review: 4.8 out of 5 stars 42 customer reviews

Best Sellers Rank: #763,370 in Books (See Top 100 in Books) #202 in Books > Crafts, Hobbies & Home > Gardening & Landscape Design > Fruit #346 in Books > Crafts, Hobbies & Home > Gardening & Landscape Design > Herbs #497 in Books > Crafts, Hobbies & Home > Gardening & Landscape Design > Vegetables

## Customer Reviews

For the edible landscape, the best title by far is Vegetables, Herbs and Fruit... everything you need to know to grow, harvest, and use garden produce. (Connie Krochmal BellaOnline 2006-03-25)Offers advice on cultivation techniques, dealing with pests and diseases, suggestions for companion plants, and culinary, medicinal and cosmetic uses. (Ken Smith London Free Press 2006-07-22)An excellent source of information on growing and cooking edible plants. (Cathy Frisinger Fort Worth Star-Telegram 2006-03-11)Information on individual cultivars, as well as some

very good recipes. (Vern Nelson Portland Oregonian 2006-12-14) This is now my favorite source book for growing, propagating, harvesting, storing, and cooking all things edible. An A to Z-type reference guide, it is easy to use, has beautiful photography, and [has] details all gardeners need like Integrated Pest Management (IPM) and companion plants. These three amazing authors have put together a must-have book for any vegetable grower. (Ursule Sabia Sukinik Washington Gardener) This has become my 'bible' because it contains great photographs with bite-sized chunks of information that are easy to read, inspiring and comprehensive. (Sonia Day Toronto Star 2007-12-04) Solid gardening tips and tempting recipes... enough to teach even experienced gardeners new tricks... excellent index. (Diane M. Calabrese American Reference Books Annual) A garden book full of surprises... there's so much to discover... excellent information. (Patty Jessome Edmonton Sun 2006-07-23) For a complete reference on growing food crops, you can't go wrong with the new, up-to-the minute "Vegetables, Herbs and Fruit." (John Van de Water Newark Star-Ledger 2006-04-16) What is not included in this definitive and beautifully illustrated sourcebook on edible landscape? (The American Herb Association vo. 21:4) By far the most comprehensive book on the subject. A must-have for those growing edible crops ... Easy to use. (Connie Krochmal Bee Culture) An indispensable resource, giving an amazing amount of information that will be of value to any gardener, whether planting a field or a window box. (Grainews 2006-04-10) Well organized, easy to access information, and concisely written. A good reference book! (Making Scents (Magazine of the International Aroma) Bright color photos, clean layout, and handy hints make this hefty garden bible a treasure, and it's a great deal. (Dee Cherrie Ashman Diversions) A comprehensive reference book on edible plants... information on hundreds of edible plants accompanied by more than 1,800 color photographs. (Viveka Neveln American Gardener) Every gardener -- novice or expert -- will find useful information. (Home Cooking) Exceptional. (David Hobson Kitchener-Waterloo Record 2006-04-11) Amazingly thorough encyclopedic look at edible plants. (George Weigel Harrisburg Patriot-News 2006-04-27) This all-encompassing book combines the expertise of three gardeners to offer a prodigious range of information.... easy-to-use alphabetical format, it is illustrated with more than 1,800 color photographs and informative illustrations. (Michigan Gardener) This book is a handsome addition to the gardening library and an excellent value. (Chris Smith Seattle Post-Intelligencer 2006-09-21) A well-organized overview that examines each cultivar in depth... visually pleasing... the insight of some very diverse expert gardeners. (Backhome Magazine) Good value for money ... very helpful. (Mary Fran McQuade Beach Metro Community News 2006-11-28) Whether you utilize it to learn how to use soapwort to treat skin conditions such as eczema or for the recipe for curried parsnip soup, it is valuable to

novice and experienced horticulturists alike. Written by a trio of garden experts, this is a must-have resource for any gardener or chef. (Tricia Landry Wallace Country Accents)Not only how to grow, but also how to harvest, preserve and use 70 vegetables... a comprehensive, quick-read encyclopedia. (Suzanne Hively Cleveland Plain Dealer 2006-03-02)This comprehensive garden book goes beyond the dirt, offering tips on growing, harvesting, preserving and cooking. (Desert News 2009-02-22)Comprehensive... a valuable reference for both gardeners and inquisitive chefs. (Science News 2006-01-28)I believe this volume will become a constant source of reliable information. Highly recommended. (GreatGardenInfo.com 2009-04-28)This reference book is as colourful as it is inspiring and will appeal to anyone who would like to grow edible plans. The authors leave no leaf unturned -- every topic is covered.... Best of all, more than 100 recipes are included to take advantage of your crop once it's time to harvest.... With more than 600 pages and 800 colour photos and illustrations, this book is definitely food for thought. (Liz Grogan Good Times)This all-encompassing book combines the expertise of three leading gardeners to offer a prodigious range of information on more than 100 herbs, 70 vegetables and 100 fruits. Arranged in an easy-to-use alphabetical format from Aaron's Rod to Zucchini, the book is copiously illustrated with more than 1,800 color photographs and informative graphics. Readers learn how to select the plants best suited to their plant zone, and what to do to insure a successful crop. (New Living (Montauk, NY))It is about as precise and concise a guide as you would ever wish to find. (Shelf Life)Satisfying ... There's an abundance of information and tantalizing pictures. Isn't it nice when peas are so neatly tucked into their pods in those very polite rows? (Dominique Browning New York Times 2010-05-27)It's a useful book for the gardener who is short on time and seeks easy-to-follow, no-fail instructions. (Northwest Arkansas Democrat-Gazette 2010-05-22)A sound investment. (David Hobson Waterloo Region Record 2012-04-07)

Matthew Biggs lectures at the Royal Horticultural Society. His other books include Matthew Biggs' Complete Book of Vegetables. Jekka McVicar has won several top awards from the Royal Horticultural Society. Her other books include The Complete Book of Herbs. Bob Flowerdew is an author and a lecturer for the Royal Horticultural Society.

This is a totally comprehensive guide for how you can grow, how you can fix problems you find, what good companion plantings are, and what you can do with the finished product. I LOVE this. I'm a fairly new gardener and I can't wait to use the insights in this book to help me decide what I'm growing in my garden this year and help it flourish.

If a gardener is looking for just one book to own, this is the one. It has a great variety of over 70 vegetables and 100 fruits and a great addition of 100 herbs. I love that every item in the book has a very detailed variety of information pertaining to it. It starts of course with the name and short description/history of the variety. It goes into the different varieties, cultivation, companion planting, pest/disease, medical uses, and culinary tips which includes a recipe for many. It will also give container gardening tips if applicable. The practical gardening section is great as well. It has over 60 pages of information ranging from garden layouts, preparation, and maintenance and harvesting. A great section I haven't seen in my other books was a crop rotation section; this is something many may have missed starting out. So whether you are a beginner or experience gardener, it is a great reference for all.

For any gardener or chef wanting to learn more about the food we bring to our tables! This has a beautiful plethora of photos, tidbits of information, landscaping ideas, and tons of information about different vegetables, herbs and fruit. This is the bible that every food lover/gardener should have.

I absolutely love this book. My husband and I just started a huge organic garden and this book has helped us a lot even though it is not an organic gardening book. Outside of tomatoes we are new at gardening. This book gives you a history of each plant. It tells you the Medicinal Purposes, Warnings if dangerous, Species, Container Growing, Culinary, Pests and Diseases, Garden Cultivation and even includes some recipes. I especially like the companion planting which is really helpful when planning your garden. It has color pictures of each and every plant. The herb section is wonderful. For example, on Hyssop it has a recipe for Basque-Style Chicken then on medicinal it explains how it is used mainly for coughs, whopping coughs, asthma and bronchitis and upper respiratory catarrh. On the warnings it explains how it should not be used in cases of nervous irritability. Strong doses, can cause muscular spasms. How the oil should not be used in aromatherapy for high-strung patients, as it can cause epileptic symptoms. Do not use continuously for extended periods. No form of hyssop should be taken during pregnancy. I had never even heard of Hyssop before this book!!! The fruit section it is divided into 5 sections: Orchard Fruits, Soft, Bush, and Cane Fruits, Tender Fruits, Shrub and Flower Garden Fruits and Nuts. It also includes recipes like Crab Apple Jelly. I must admit I have not really studied this section because I am so involved in the vegetable section but am planning to use it next year. The last two sections in this book are Practical Gardening and Yearly Calendar and it includes Crop Rotation, Herb Gardens, Medicinal

Herb Garden, Pollination and Companion Planting, Weed Control, and Pest and Disease Control amongst many others. The only critique I can give this book is that I wish it had been spiral bound and I'd have liked to have known how deep and far apart to plant things. It has so much information and it is a big book--it has 640 pages. My friend Michelle who is an avid organic gardener kept checking this book out from the library. What is so ironic is that we were not aware that the other was looking at the same book. So, I introduced her to it and now she is going to buy this book too. I saw this book at the library and fell in love immediately and went home and ordered it.

This book is awesome ! The first night I had it I already tagged dozens of pages to go back to read more in depth and for future reference. The information is great and the pictures are amazing. The only thing I think it is missing is pruning chart diagrams. That would have made it THE all inclusive book and I would not now be searching for a book with said diagrams. Bottom line is I will be using this book A LOT and am pleased with my purchase.

Honestly growing up I had a brown thumb but I really wanted to grow a garden and so I checked this book out from the library and just kept renewing it for a year before buying my own copy. It taught me a ton of tips and tricks that seed packets and other gardeners wouldn't tell me. Probably because what I needed were bare bone basics about specific plants that a gardener with experience wouldn't think about it [it'd be second nature]. The sections are clear and understandable, well organized, there are recipes for after you harvest, and even a plant killer like me has successfully grown a small vegetable garden. I recommend this to everyone who wants to learn more about plants; and even successful gardeners would benefit from this encyclopedia. I recommend this in combination with square foot gardening as it becomes fun and easy to grow your own food or flowers.

For the price its worth looking into as it jam-packed with information about all types of Fruits and Vegetables , included common herbs. Well written and easy to understand for those interested in this subject and are into growing their own Fruits and Vegetables. You wont find a better book on the subject and the price is marvellous for the information you receive. Im turning into a Raw Food eater, as I know the benefits Raw Fruits and vegetables have contained within them, especially the Vitamins, Minerals and Phytochemicals that help you fight off diseases. A subject worth mentioning and another book worth buying would be David Wolfs book on SUPERFOODS. Well recommended. John from Malta

Nice book. love it.

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